



**STUDIO CYCLING
SCHEDULE
begins June 1, 2010**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45 am Karin		5:45 am Jane	5:45 am Gwen	5:45 am Jane/ Lucy		
9:15 am Britta plus abs	9:15 am Judy		9:15 am* Britta plus abs	9:15 am Karin	9:15 am Alternate Instruc.	
6:00 pm Jane/ Lucy	6:00 pm Gwen**	6:00 pm Moira	6:15 pm Darin			

Token, towel and water bottle are **REQUIRED** for entry into class.
Tokens are available at the Welcome Center 30 min. before class time.

* Thurs, June 3, 2010 class with Britta will begin at 9:00 am.

** No Tues. night class June 29, 2010.

Saturday Cycling Schedule:

May 1 - Jane

May 8 - Gwen

May 15 - Karin

May 22 Britta

May 29 - Lucy

June 5 - Lucy

June 12 - Britta

June 19 - Jane

June 26 - Lucy

July 3 - Judy

July 10 - Darin

July 17 - Karin

July 24 - Gwen

July 31 - Britta

Aug. 7 - Judy

Aug 14 - Jane

Aug 21 - Karin

Aug 28 - Lucy

Sept. 4 - Britta