

Sports and Specialty



YCAMP™

We build strong kids, strong families, strong communities.

Need more information? Visit us at:

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Summer Camp 2010



We offer a variety of half day Sports and Specialty camps. These camps are designed for children ages 6-12. These programs promote development and provide an opportunity for campers to receive additional instruction and technique in a favorite area of interest!

All Sports and Specialty camps are a week long and meet from 9:00 am to noon. Campers attending any of these camps will participate in lunchtime, so they must pack a nutritious meal.

Cost:

\$75 members / \$120 program members

- Archery Camp
- Art Camp: Fine Art
- Art Camp: For the Love of Arts!
- Art Camp: Sugar Art *
- Baseball Camp
- Basketball Camp w/ Terry Nelson
- Cheerleading Camp
- Dance Camp
- Dodge Ball Camp
- Flag Football Camp
- Gymnastics Camp
- Soccer Camp
- Star Wars Camp
- Volleyball Camp

Option to Stay Full Day:

Make your child's day a full day by combining their Sport or Specialty activity with Day camp. Review a YMCA Summer Camp Parent Handbook or speak to a staff member for pricing specifics.

See Camp descriptions on reverse side!

Archery - Changing lives one arrow at a time! This course is designed to teach Olympic-style target archery. Core content covers archery history, safety, rules, technique, equipment nomenclature, mental concentration, self-improvement, and the use of the string bow. These basic skills that you will learn can be used by you to become successful Archer.

Week 5: June 21 - June 25

Week 9: July 19 - July 23

Art Camp: For the Love of Arts - Come engage your creative side! This camp is designed for campers to explore their imagination and creativity! Not only will campers complete really cool art projects, but they will be exposed to other forms of art such as music, storytelling, and dance. Our emphasis is on interactive, fun learning with exposure to the benefits of the arts. Your child will gain a greater appreciation and understanding of art, as well as develop his or her own talent for self-expression.

Week 4: June 14 - June 18

Art Camp: Fine Arts - Do you have a young person who loves to draw or paint? Don't miss out on this camp! This Fine Arts camp is designed for young people to learn about the fundamentals of art, specifically for drawing and painting. This course is for seasoned artists and beginners! No matter what your skill level, you'll learn something new and get to practice techniques used by the masters! Our emphasis is on interactive, fun learning with exposure to the benefits of the arts. Your child will gain a greater appreciation and understanding of art, as well as develop his or her own talent for self-expression.

Week 8: July 12 - July 16

Art Camp: Sugar Arts - Who says you need a canvas to practice your creative art skills? Bring on the sweets & treats! This camp is designed to introduce creative young people to the world of sugar arts. We will concentrate on the tools and skills needed to decorate cookies, cupcakes, candy, and cakes. The focus of this camp will be to inspire creativity and sharpen design skills as we explore the world of edible art! (We will not be baking.) * **Additional fee:** There is a \$10 supply fee associated with this camp.

Week 5: June 21 - June 25

Baseball Camp - Campers will have the opportunity to learn many different concepts of the game and work to improve their overall skills. Camp will focus on teaching players how to warm their bodies up appropriately, working on the proper technique of fielding ground balls and fly balls, developing skills for setting yourself up for the next play, providing basic hitting instruction, and sharing the love for one of America's favorite past times!

Week 4: June 14 - June 18

Basketball Camp: Terry Nelson Head Coach - This camp is a slam dunk! Learn from a pro! Terry Nelson, a former University of Cincinnati basketball player will be head coach of our Basketball Camp this year! Basketball camp is designed for participants to learn about the game and to improve their overall skills in playing basketball. The emphasis during camp will be on teaching players how to warm their bodies up properly for practices and games, working on basic ball handling skills, demonstrating the concept of spacing and balance on the floor, providing basic shooting instruction, and practicing basic defensive positioning.

Week 4: June 14 - June 18



Cheerleading Camp - Rah- Rah! Have a future cheerleader in your home? This camp is about sharing spirit, learning cheers, practicing basic tumbling techniques, and sharpening dance skills. Your camper will leave full of energy, spirit, confidence and lots of new friends.

Week 7: July 5 - July 9

Dance Camp - Participants will learn a variety of modern dance movements choreographed to today's popular music! Campers will get an opportunity to strengthen their dance techniques and skills, get great exercise, and have lots of fun! It's sure to be a hit with your son or daughter who loves the Cheetah Girls, Jonas Brothers, or High School Musical! This year we have an Olympic theme.

Week 11: August 2 - August 6

Dodge Ball Camp - It's an age-old favorite - which your parents used to play! Campers will learn the basic concepts of the game and work to improve on their game playing abilities. Camp will focus on teaching players how to warm up before playing, reviewing official dodge ball rules, and practicing safe techniques that can be used to be successful while playing the game.

Week 11: August 2 - August 6

Flag Football Camp - Are you ready for some football? Campers will learn the basics about the game of Flag Football. Instructors will concentrate on showing players how to warm up their bodies properly before practices and games, teaching the wide receiver passing routes, explaining the offensive concepts and sharing how to play good flag defense. Go team!

Week 7: July 5 - July 9

Gymnastics Camp - Tumble, flip, and twist! This camp is for both boys and girls eager to learn the sport of gymnastics. Experienced gymnasts will teach your camper the techniques they need to know and help them develop their skills to improve their performance. Campers should come ready to flip and twist all week long.

Week 6: June 28 - July 2

Star Wars Camp - Friend or Foe... we need you! Are you a Jedi or have you turned to the dark side? Clones, Padawans, Droids, Siths, and Jedi's all are welcome for this week of galactic fun. Test your abilities with a light saber and hone your skills to maneuver the force like Master Yoda. Much to learn, you still have!

Week 10: July 26 - July 30

Soccer Camp - It's known around the world as football - but it's soccer to those of us living here in the states! Campers will have the opportunity to learn the basic concepts of the game and will work to improve their overall skills. Instructors will focus on teaching kids how to properly warm up before practices and games, demonstrate basic ball handling techniques, discuss the importance of field spacing, and allow campers to sharpen their techniques.

Week 8: July 12 - July 16

Volleyball Camp - Those who participate in the volleyball camp at the YMCA will learn the basic fundamentals of passing, setting, hitting, defense, serving, and on court knowledge of the game. Our goal is for everyone to walk away with the knowledge and skills to make them a successful volleyball player. Whether you have previous experience or have never played before this camp will be great!

Week 10: July 26 - July 30